

Bananen Split smoothies / Banana Split smoothies



Boodschappenlijst

2 middelgrote bananen, geschild en gesneden
250 gram verse ananas, klein gehakt
240 gram vanille yoghurt
120ml sinaasappelsap
gemalen ijs

Zo maak je bananensplit smoothies

Doe alle ingrediënten in een blender.
Pulseer fruit, yoghurt, sap en ijs tot alles glad en gemengd is.
Serveer de banana split smoothies onmiddellijk.

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Shopping list

2 medium bananas, peeled and cut
250g fresh pineapple, chopped finely
240g vanilla yogurt
120ml orange juice
crushed ice

How to make banana split smoothies

Place all ingredients in a blender.

Pulse fruit, yogurt, juice and ice until all is smooth and well blended.

Serve the banana split smoothies immediately.